Flagrant credit card scamming is one of the fastest growing industries in the US, and it needs to be stopped.

Each CrossFit Workout of the Day (WOD) provides a different challenge.

Poke root tincture (Phytolacca americana) kicks the immune system into gear incredibly fast.

Also, the 1998 litigation settlements with 46 states require only the 3 largest cigarette makers to pay the costs.